SQ-R-10 Systemizing Quotient-Revised (SQ-R)

Instructions: Below is a list of statements. Please read each statement very carefully and rate how strongly you agree or disagree with it. There are no right or wrong answers, or trick questions.

		strongly	slightly	•	strongly
		agree	agree	disagree	disagree
	When I learn about a new category I like to go into				
	detail to understand the small differences between				
	different members of that category.				
	When I'm in a plane, I do not think about the				
	aerodynamics.				
3.	I am interested in knowing the path a river takes from				
	its source to the sea.				
4.	When travelling by train, I often wonder exactly how				
	the rail networks are coordinated.				
5.	When I hear the weather forecast, I am not very				
	interested in the meteorological patterns.				
	I enjoy looking through catalogues of products to see				
	the details of each product and how it compares to				
	others.				
7.	When I look at a mountain, I think about how				
	precisely it was formed.				
	When I look at a piece of furniture, I do not notice the				
	details of how it was constructed.				
9.	When I learn a language, I become intrigued by its				
	grammatical rules.				
10.	When I listen to a piece of music, I always notice the				
	way it's structured.				

SCORING: Score 2 points for "definitely agree", 1 point for "slightly agree", and 0 points for "slightly disagree" and "strongly disagree" for items 1, 3, 4, 6, 7, 9 and 10. Score 2 points for "strongly disagree", 1 point for "slightly disagree", and 0 points for "slightly agree" and "strongly agree" for items 2, 5, and 8.

Key reference: Greenberg, DM et al. Testing the Empathizing-Systemizing theory of sex differences and the Extreme Male Brain theory of autism in half a million people. PNAS; 12 Nov 2018; DOI: 10.1073/pnas.1811032115



