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The early identification of autism: 
the Checklist for Autism in Toddlers (CHAT)

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The Checklist for Autism in Toddlers (CHAT) is a screening instrument which identifies children aged 18 months who are at risk for autism. This article explains how the CHAT was developed, how the CHAT should be used, and provides a brief introduction to autism.

What is autism?

Autism, first described by Kanner in 1943 (Kanner, 1943), is one of a family of Pervasive Developmental Disorders (APA, 1994). It is considered to be the most severe childhood neuropsychiatric condition and is characterised by a ‘triad’ of impairments in socialisation, communication and flexible behaviour. The exact cause of autism remains unclear, though family and twin studies suggest a genetic basis (Bailey et al., 1995; Folstein & Rutter, 1977; Folstein & Rutter, 1988). Molecular genetic studies are underway (Bailey, Bolton & Rutter, 1998). Neural abnormality is evident in a number of different brain regions, including the medial prefrontal cortex (Happe et al., 1996) and the amygdala (Abell et al., 1999; Baron-Cohen et al., 1999; Bauman & Kemper, 1988). It occurs at a rate of about 1 per 1000 (Wing & Gould, 1979).

The autistic spectrum

It is widely accepted that there is a spectrum of autistic conditions (listed in Box 1). Classic autism lies at the extreme of this spectrum. In DSM-IV this is referred to as Autistic Disorder, and in ICD-10 as Childhood Autism. (See Appendix 1 for the full diagnostic criteria for autistic disorder.) To receive this diagnosis, the onset of the
difficulties in social interaction, communication, and flexible behaviour must be before the age of three years (see Box 2). Atypical autism or Pervasive Developmental Disorder not otherwise specified (PDD-NOS) also lie on the autistic spectrum, but children with these conditions do not meet criteria for autism because of late age of onset, atypical symptoms, symptoms which are not very severe, or all of these. Asperger Syndrome (AS) is thought to be another condition on the autistic spectrum. Individuals with Asperger Syndrome have the social interaction difficulties and restricted patterns of behaviour and interests, but have a normal IQ and no general delay in language. The criteria for AS are shown in Appendix 2. A final subtype are individuals with High Functioning Autism (HFA), who are diagnosed when all the signs of AS are present, but where the child had a history of language delay. Here, language delay is defined as not using single words by 2 years old, or phrase speech by 3 years old.

Late detection and the importance of early detection

Until recently, autism was rarely detected before the age of 3 years. This is not surprising as autism is a relatively uncommon condition with subtle symptoms. In addition, no specialized screening tool has existed, most primary health care professionals receive limited training in the detection of autism in toddlers, and may not have a link to specialist diagnostic clinics. However, the earlier a diagnosis can be
made, the earlier intervention can be implemented and family stress reduced, and intervention has been shown to improve outcome (Lovaas & Smith, 1988). In addition, early professional recognition of parental concerns may prevent secondary difficulties developing. The problem is to determine what counts as a cost-effective method of detecting the early signs of this condition.

Which behaviours might be important?

Parents of children with autism often report that they first suspected that their child was not developing normally around the age of 18 months (Wing, 1997). At this age, there are certain behaviours which are present in the normally developing child which researchers have found to be lacking or limited in older children with autism. Two of these are joint attention (Baron-Cohen, 1989; Sigman, Mundy, Ungerer & Sherman, 1986) and pretend play (Baron-Cohen, 1987; Wing, Gould, Yeates & Brierley, 1977).

Joint attention refers to the ability to respond or initiate a shared focus of attention with another person via pointing, showing or gaze monitoring (e.g. glancing back and forth between an adult’s face and an object of interest or an event) (Bruner, 1983).
Joint attention allows children to learn through others - both learning what words refer to (Baldwin, 1995; Tomasello & Barton, 1994), and what to pay attention to in the environment (‘social referencing’ (Feinman, 1982)). Joint attention is seen as the earliest expression of the infant’s ‘mind-reading’ capacity, in that the child shows a sensitivity to what another person might be interested in or attending to (Baron-Cohen, 1991). In Box 3, pointing to share interest (or declarative pointing) is distinguished from a simpler form of pointing (pointing to request, or imperative pointing). This distinction comes from child language research (Bates, Benigni, Bretherton, Camaioni & Volterra, 1979). It is the declarative form which is of particular importance simply because in this type of pointing mind-reading is the driving force (‘Look at that! Do you see what I see?’), whereas in imperative pointing this may not be required (‘I want that! Get me that!’).

Pretend play is a second behaviour to be distinguished. It involves the attribution of imaginary features to people, objects or events (Leslie, 1987). Some theorists view it as signalling the emergence of symbolic ability (Piaget, 1962) as well as mind-reading. Pretence is symbolic in that one object is treated as if it represents something different, and it involves mind-reading by virtue of requiring the child to appreciate that the person pretending (oneself or another person) is imagining something in their mind. Generally, pretend play is distinguished from simpler forms of play (functional, where the child uses objects appropriately, and sensorimotor, where the child just explores objects for their physical qualities).

The CHAT
The **CH**ecklist for **A**utism in **T**oddlers (CHAT) is a screening instrument that was devised to test the prediction that those children not exhibiting joint attention and pretend play by the age of 18 months will be at risk for receiving a later diagnosis of autism. The CHAT is shown in Figure 1. The CHAT takes just 5-10 minutes to administer and is simple to score. The order of the questions avoids a YES/NO bias. The nine questions in section A are answered by the parent whilst the Health Visitor or General Practitioner completes the five items in section B. There are five ‘key items’ and these are concerned with joint attention and pretend play. The key items in section B are included in order to validate (by cross-checking) the parents’ answers to the key items in section A. The remainder (‘non-key’) items provide additional information so as to distinguish an autism-specific profile from one of more global developmental delay (see Box 4). The non-key items also provide opportunity for all parents to answer ‘yes’ to some questions.

Those children who fail all five key items (A5, A7, Bii, Biii, and Biv) are predicted to be at the greatest risk for autism. In Box 5, we call this the *high risk for autism group*. Children who fail both items measuring protodeclarative pointing, but are not in the high risk for autism group, are predicted to be in the *medium risk for autism group*. Children who do not fit either of these profiles are in the *low risk for autism group*. 

insert Figure 1 and Box 4 here
High-risk (sibling) study

Our first study tested the effectiveness of the CHAT as a screening instrument in a high-risk sample (Baron-Cohen, Allen & Gillberg, 1992). We studied a group of 50 unselected 18 month olds (Group A) and a group of forty-one 18 month old siblings of children with autism (Group B). The sibling group was selected because they have a raised genetic risk for autism compared to individuals in the general population. Even if we take the most generous estimate of the prevalence of autism spectrum conditions in the general population - 0.34% (Ehlers & Gillberg, 1993) - this is still at least 10 times less than the recurrence risk rate among siblings of children with autism (3%) (Folstein & Rutter, 1977). So the likelihood of finding cases of undiagnosed autism in the sibling group was much higher than in the control group.

The toddlers in both groups were assessed using the CHAT. None of the children in Group A failed all 5 key items whilst four of the children in Group B failed all 5 key items. A year later, when the children were 30 months old, a follow-up was carried out. None of the children in Group A had autism. The four children in Group B, who had failed the five key items, were diagnosed with autism. This strongly confirmed the prediction that absence of joint attention and pretend play at 18 months of age is a marker that a child is highly likely to go on to receive a diagnosis of autism.

Population screening study
After the preliminary success of the CHAT in detecting children at risk for autism in the sibling group, a more stringent test of the CHAT was set up in a population screening study (Baron-Cohen et al., 1996). 16,235 children aged 18 months were screened with the CHAT from April 1992 to April 1993. These were all children born in the South Thames Region of the UK.

Following this first administration of the CHAT, 38 children matched the high risk for autism profile, 369 the medium risk profile with the remainder fitting the low risk profile according to the criteria described in Box 5 above. One month later, all 38 of the high risk for autism group were re-screened and 12 continued to meet the profile. Limited resources meant that only about half of the medium risk group could be re-screened. 22 met the criteria on the second CHAT, two of whom did not continue to participate in the project. 16 children were selected at random from the low risk group to receive a second CHAT and continued to meet his profile. Thus 12 children in the high risk for autism group, 20 children in the medium risk for autism group and 16 children in the low risk for autism group were assessed clinically at 20 months and 42 months. The diagnoses made at 20 months of age were considered to be provisional since this is earlier than the age at which children are usually seen for diagnostic assessment and there is little or no evidence about the accuracy and stability of childhood autism and PDD diagnoses made in infancy. Confirmatory diagnoses were made at the 42 month clinical assessment. On the whole, we were able to diagnose children with childhood autism reasonably accurately at 20 months of age, in that most were thought to have either autism or PDD at that time point.
By 42 months, 10 of the 12 children in the high risk for autism group had received a
diagnosis on the autistic spectrum. The eleventh child was clinically normal and the
twelfth child had language delay. In the medium risk for autism group, half the
children were diagnosed with autism spectrum conditions (Childhood Autism,
Asperger Syndrome, or PDD), two received no diagnosis and the rest had language or
learning difficulties. In the low risk for autism group, although 1 child was diagnosed
with language delay, the other 15 were normal. Box 6 gives a summary of how the
diagnoses in each group changed between 20 months and 42 months. A more detailed
picture of these changing diagnoses is provided in Appendices 3-5. Full details of
diagnostic methods can be found elsewhere (Cox et al., 1999).

Key issues in any screening program

It is useful to summarise the key issues in all screening. The following is based on
the standard account (Hennekens & Buring, 1987). Screening refers to the
application of a test to people who are as yet asymptomatic. It is essential to
remember that the screening procedure itself is not diagnostic. Those individuals who
test ‘positive’ are sent on for further evaluation using a subsequent diagnostic
procedure to determine whether they do in fact have the condition.
There are standard criteria for whether it is even worth screening for a disease: To be appropriate for screening, a disease should meet the following criteria: (1) It should be serious; (2) treatment given early (before symptoms are fully developed) should be more beneficial (in terms of reducing morbidity or mortality) than treatment given later; and (3) the prevalence of the disease should be high among the population screened. Autism meets all three of these criteria in that (a) it is considered to be the most serious of all childhood psychiatric conditions; (b) early intervention improves prognosis; and (c) the prevalence of the spectrum of autistic conditions is high (around 1 in 300).

For a screening program to be successful, a suitable screening test must be available. A screening test should ideally have three characteristics: it should be (i) inexpensive; (ii) easy to administer; and (iii) impose minimal discomfort on the patients. The CHAT meets all three of these criteria. In addition, the results of a screening test must be valid, reliable, and reproducible.

The validity of a screening test is measured by its ability to do what it is supposed to do, that is, correctly categorize persons who have the condition as test-positive and those without the condition as test-negative. Table 1 summarizes the results of any screening test and the actual presence of the condition as determined by an appropriate subsequent diagnostic test. In this table,

\[ a = \text{The number of individuals for whom the screening test is positive and the individual actually has the condition (true positive).} \]
\[ b = \text{The number for whom the screening test is positive but the individual does not have the condition (false positive).} \]
\[ c = \text{The number for whom the screening test is negative but the individual does have the condition (false negative).} \]
\[ d = \text{The number for whom the screening test is negative and the individual does not have the condition (true negative).} \]

Sensitivity and specificity are two measures of the validity of a screening test. Sensitivity is defined as the probability of being test positive and truly having the condition and is calculated by \( \frac{a}{a + c} \). As the sensitivity of a test increases, the number of people with the condition who are missed by being incorrectly classified as test-negative (false negatives) will decrease. Specificity is defined as the probability of being screen negative and truly not having the condition and is calculated by \( \frac{d}{b + d} \).

Obviously, it is desirable to have a screening test that is both highly sensitive and highly specific. Usually that it is not possible, and there is a trade-off between the sensitivity and specificity of a given screening test. This trade-off is due to the fact...
that for many clinical tests, there are some people who are clearly normal, some clearly abnormal, and some who fall into the grey zone between the two.

Any decision regarding specific criteria for acceptable levels of sensitivity and specificity in a given situation involves weighing the consequences of leaving cases undetected (false negatives) against erroneously classifying healthy persons as having the condition (false positives). Sensitivity should be increased at the expense of specificity when the penalty associated with missing a case is high, such as when the disease is serious and definitive treatment exists (e.g., PKU), when the disease can be spread (e.g., syphilis or gonorrhea), or when subsequent diagnostic evaluations of positive screening tests are associated with minimal cost and risk, such as a further series of blood pressure readings to ascertain hypertension. On the other hand, specificity should be increased relative to sensitivity when the costs or risks associated with further diagnostic techniques are substantial, such as with breast cancer.

Regarding the number of cases detected by a screening program, one measure that is commonly considered is the predictive value of the screening test. Predictive value measures whether or not an individual actually has the condition, given the results of the screening test. Predictive value positive (PV⁺) is the probability that a person actually has the disease given that he or she tests positive and is calculated (using the notation in Table 1) as:

\[ PV^+ = \frac{a}{a + b} \]
Analogously, predictive value negative (PV) is the probability that an individual is truly disease-free given a negative screening test and is calculated as follows:

\[
PV^- = \frac{d}{c + d}
\]

**So is the CHAT a good screening instrument?**

Table 2 shows the data from the CHAT population study, and for comparison, Table 3 shows data from a screening study of breast cancer. This shows the CHAT has excellent specificity, low sensitivity, and good predictive value positive. For a condition of this kind, these are acceptable properties of the CHAT.

**How many children with autism did the CHAT miss?**

Whereas Table 2 above shows how many cases of autism alone in the high-risk group were identified and missed in the six years following administration of the CHAT at 18 months, a series of follow-up screening and surveillance procedures were conducted with the aim of identifying all the children from the population with an autism spectrum condition, so as to test the properties of the CHAT in terms of identifying false negatives among other autism spectrum subgroups. Using these methods, a total of 50 children (47 boys, 3 girls) were found who met ICD-10 criteria for childhood autism, and 44 children (36 boys, 8 girls) with other pervasive developmental disorders were also identified. Using the two stage administration of the CHAT, a grand total of 74 children who went on to receive some sort of autism spectrum diagnosis were not identified as being at risk. The sensitivity, specificity,
positive predictive value and negative predictive value of the CHAT for all PDDs are shown in Box 7. A comprehensive examination of these data is presented in a six year follow-up paper (Baird et al., submitted).

Just as for autism more narrowly, it is clear that for all PDD’s the CHAT also has excellent specificity, whilst the sensitivity is not as impressive. In other words, consistently failing the CHAT on two administrations means that it is highly likely that a child will go on to receive a diagnosis on the autism spectrum. Although with a condition like autism spectrum, having a high false negative rate is not a serious problem (because it is not life-threatening, etc.) it would be good to understand why the rate of false negatives is so high. It may be because some parents are understandably answering questions in Section A in such a way as to put their child in the best possible light (“Yes, of course he points and pretends!”). Since to ‘fail’ on the CHAT a child needs to fail on both Sections A and B, our team did not look closely at children who only failed on Section B. A second possible reason for the high rate of false negatives is that to fail on the CHAT a child must have never produced the behaviour (“Has your child ever pointed/pretended?”). This is clearly only going to pick up the severe or extreme cases and would miss the milder cases who may simply show a reduced rate of pointing or pretending, rather than a complete absence of this. A third reason which could lead to a false negative is if a child had “late onset” autism (Volkmar & Cohen, 1989).
Who should use the CHAT and when?

The CHAT is designed to be administered by any primary health care workers or clinicians in children’s services. As a screening tool, it is convenient to administer at the 18 month developmental check up. Administration of the CHAT to children younger than 18 months is not recommended because of the increased risk of false positives (i.e. identifying children at risk for developmental problems who do not go on to receive a diagnosis). Administration of the CHAT to children older than 18 months is possible, since if a child is still showing a high-risk profile at this age, this is very likely to be a sign of an autism-spectrum condition. Some regions only screen at 24 months, hence us considering this possibility. However, we do not yet know of any data on the use of the CHAT at this age, and suspect that the false negative rate will also be high.

What happens if a child fails the CHAT?

In the population screening study (Baron-Cohen et al., 1996), the first CHAT was administered in the routine 18 month old check-up. Those children who failed this CHAT were re-screened approximately one month later with the same questionnaire. As with any screening, a second CHAT is advisable so as to check that a ‘fail’ on a key item occurs for valid reasons. Thus, a child might fail on the first administration of the CHAT simply because they are slightly delayed or because of transient factors (‘a bad day’). Any child failing the CHAT for a second time should however be referred to a specialist clinic for diagnosis. This underlines that the CHAT itself is not
a diagnostic tool. It is important to note that more than a half of children who fail on the first administration of the CHAT lose their risk status following the second CHAT; and the risk group a child is assigned to does not represent a statement of diagnosis. See Box 8.

Summary

The CHAT is primarily a screening tool for clinical use. It has a low false positive rate but a high false negative rate. In other words, if a child is identified by the CHAT as being at risk for receiving a diagnosis on the autistic spectrum, they are likely to receive one. However, many children will go on to receive a diagnosis who were not identified by the CHAT. If a child meets criteria for the high-risk group, they will almost certainly have an autism or PDD diagnosis. If they meet the criteria for the medium risk group, about half of these will have a diagnosis of autism or PDD, whilst most of the others will have other developmental delay conditions. As far as we know, apart from the CHAT, there is currently no other screening instrument available which has been fully evaluated in this way and which has been demonstrated to be able to identify toddlers who are at risk for autism spectrum conditions. The CHAT is easy and convenient to use and the low false positive rate means that few parents will be unnecessarily alarmed. The CHAT is therefore a very
useful clinical tool, especially given the demonstrated effectiveness of early intervention (Lovaas, 1993).
Figure 1: THE CHAT  
To be used by GPs or Health Visitors during the 18 month developmental check-up.

Child’s name:.................................. Date of birth:............. Age:.................
Child’s address:.................................. Phone number: ...............  
SECTION A: ASK PARENT:
1. Does your child enjoy being swung, bounced on your knee, etc.? YES NO  
2. Does your child take an interest in other children? YES NO  
3. Does your child like climbing on things, such as up stairs? YES NO  
4. Does your child enjoy playing peek-a-boo/hide-and-seek? YES NO  
5. Does your child ever PRETEND, for example, to make a cup of tea using a toy cup and teapot, or pretend other things? YES NO  
6. Does your child ever use his/her index finger to point, to ASK for something? YES NO  
7. Does your child ever use his/her index finger to point, to indicate INTEREST in something? YES NO  
8. Can your child play properly with small toys (e.g. cars or bricks) without just mouthing, fiddling or dropping them? YES NO  
9. Does your child ever bring objects over to you (parent) to SHOW you something? YES NO  

SECTION B: GP OR HV OBSERVATION:
1. During the appointment, has the child made eye contact with you? YES NO  
2. Get child’s attention, then point across the room at an interesting object and say "Oh look! There’s a (name of toy)!" Watch child’s face. Does the child look across to see what you are pointing at? YES NO*  
3. Get the child’s attention, then give child a miniature toy cup and teapot and say “Can you make a cup of tea?” Does the child pretend to pour out tea, drink it, etc.? YES NO**  
4. Say to the child “Where’s the light?”, or “Show me the light”. Does the child POINT with his/her index finger at the light? YES NO** *  
5. Can the child build a tower of bricks? (If so how many?) YES NO  
(Number of bricks:.............)
* (To record YES on this item, ensure the child has not simply looked at your hand, but has actually looked at the object you are pointing at.)

** (If you can elicit an example of pretending in some other game, score a YES on this item.)

*** (Repeat this with “Where’s the teddy?” or some other unreachable object, if child does not understand the word “light”. To record YES on this item, the child must have looked up at your face around the time of pointing.)
Box 1

Related conditions
- Classic autism
- Atypical autism
- Pervasive Developmental Disorder not otherwise specified (PDD-NOS)
- High-functioning autism
- Asperger’s syndrome
**Box 2**

### Diagnostic Criteria for “Autistic Disorder”

- qualitative impairment in social interaction
- qualitative impairments in communication
- restricted repetitive and stereotyped patterns of behaviour, interests and activities

with onset prior to 3 years of age
Box 3

Behaviours we can look for in 18 month old infants

1. Pointing
   a) to request (imperative)
   b) to comment or share
      interest (declarative)

2. Play
   a) sensorimotor
   b) functional
   c) pretend
### Box 4

<table>
<thead>
<tr>
<th>CHAT Key Items</th>
<th>CHAT Non-key Items</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Section A</strong></td>
<td><strong>Section A</strong></td>
</tr>
<tr>
<td>A5: Pretend play</td>
<td>A1: Rough and tumble play</td>
</tr>
<tr>
<td>A7: Protodeclarative pointing</td>
<td>A2: Social interest</td>
</tr>
<tr>
<td></td>
<td>A3: Motor development</td>
</tr>
<tr>
<td></td>
<td>A4: Social play</td>
</tr>
<tr>
<td></td>
<td>A6: Protoimperative pointing</td>
</tr>
<tr>
<td></td>
<td>A8: Functional play</td>
</tr>
<tr>
<td></td>
<td>A9: Showing</td>
</tr>
<tr>
<td><strong>Section B</strong></td>
<td><strong>Section B</strong></td>
</tr>
<tr>
<td>Bii: Following a point</td>
<td>Bi: Eye contact</td>
</tr>
<tr>
<td>Biii: Pretending</td>
<td>Bv: Tower of bricks</td>
</tr>
<tr>
<td>Biv: Producing a point</td>
<td></td>
</tr>
<tr>
<td>Risk Group</td>
<td>Result</td>
</tr>
<tr>
<td>---------------------------</td>
<td>------------------------------------------------------------------------</td>
</tr>
<tr>
<td>High risk for autism group</td>
<td>fail A5, A7, Bii, Biii, Biv</td>
</tr>
<tr>
<td>Medium risk for autism group</td>
<td>fail A7, Biv (but not in maximum risk group)</td>
</tr>
<tr>
<td>Low risk for autism group</td>
<td>not in other two risk groups</td>
</tr>
</tbody>
</table>
Box 6

Summary of Changing Diagnosis

<table>
<thead>
<tr>
<th>Risk for Autism Group</th>
<th>18 months</th>
<th>20 months</th>
<th>42 months</th>
</tr>
</thead>
<tbody>
<tr>
<td>High</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>9 CA</td>
<td>2 PDD</td>
<td>9 CA</td>
</tr>
<tr>
<td>1 Lang</td>
<td>1 PDD</td>
<td>1 Lang</td>
<td>1 N</td>
</tr>
<tr>
<td>Medium</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>1 PDD</td>
<td>1 CA</td>
<td>9 PDD</td>
</tr>
<tr>
<td>8 Lang</td>
<td>6 DD/LD</td>
<td>6 Lang</td>
<td>2 DD/LD</td>
</tr>
<tr>
<td>5 N</td>
<td></td>
<td>2 N</td>
<td></td>
</tr>
<tr>
<td>Low</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>1 Lang</td>
<td>1 Lang</td>
<td>1 Lang</td>
</tr>
<tr>
<td>15 N</td>
<td></td>
<td>15 N</td>
<td></td>
</tr>
</tbody>
</table>

Abbreviations
A childhood autism
DD/LD developmental delay/learning difficulties
Lang language disorder
N normal
PDD pervasive developmental disorder
Box 7

For all PDDs and combining the medium & high risk groups,

<table>
<thead>
<tr>
<th>Metric</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sensitivity</td>
<td>20/94 (21.3%)</td>
</tr>
<tr>
<td>Specificity</td>
<td>16127/16141 (99.9%)</td>
</tr>
<tr>
<td>Positive predictive value</td>
<td>20/34 (58.8%)</td>
</tr>
</tbody>
</table>
Administering and scoring the CHAT

Procedure for administering the CHAT

Administer CHAT1 at 18 month old developmental check-up

pass
CHAT1
no further action

fail CHAT1

Administer CHAT2 by telephone

pass
CHAT2
no further action

fail CHAT2

Refer to specialist clinic for diagnostic assessment
Appendix 1

The diagnostic criteria for autism as described in the Diagnostic and Statistical Manual of Mental Disorders, 4th Edition (APA, 1987).

Diagnostic Criteria for Autistic Disorder

A. A total of six or more items from (1), (2) and (3), with at least two from (1), and one each from (2) and (3):

(1) **qualitative impairment in social interaction**, as manifested by at least two of the following:
   (a) marked impairment in the use of multiple nonverbal behaviours such as eye-to-eye gaze, facial expression, body postures, and gestures to regulate social interaction
   (b) failure to develop peer relationships appropriate to developmental level
   (c) a lack of spontaneous seeking to share enjoyment, interests, or achievements with other people (e.g., by a lack of showing, bringing or pointing out objects of interest)
   (d) lack of social or emotional reciprocity

(2) **qualitative impairments in communication** as manifested by at least one of the following:
   (a) delay in, or total lack of, the development of spoken language (not accompanied by an attempt to compensate through alternative modes of communication such as gestures or mime)
   (b) in individuals with adequate speech, marked impairment in the ability to initiate or sustain a conversation with others
(c) stereotyped and repetitive use of language or idiosyncratic language

(d) lack of varied, spontaneous make believe play or social imitative play inappropriate to developmental level

(3) **restricted repetitive and stereotyped patterns of behaviour, interests, and activities**, as manifested by at least one of the following:

(a) encompassing preoccupation with one or more stereotyped and restricted patterns of interest that is abnormal either in intensity or focus

(b) apparently inflexible adherence to specific, nonfunctional routines or rituals

(c) stereotyped and repetitive motor mannerisms (e.g., hand or finger flapping or twisting, or complex whole-body movements)

(d) persistent preoccupation with parts of objects

B. Delays or abnormal functioning in at least one of the following areas, with onset prior to age 3 years: (1) social interaction, (2) language as used in social communication, or (3) symbolic or imaginative play.

C. The disturbance is not better accounted for by Rett’s disorder or Childhood Disintegrative Disorder.
Appendix 2

In the population screening study, those children who failed the 5 key items on the CHAT were assigned to the high risk for autism group. The number of children and their changing diagnosis are shown in the diagram. The abbreviations for this and the following two appendices are:-

CA    childhood autism
PDD   pervasive developmental disorder
Lang  language disorder
DD/LD developmental delay/learning difficulties
N     normal
CHANGING DIAGNOSIS IN DETAIL: HIGH RISK FOR AUTISM GROUP

20m
- 9 CA
  - 7
  - 2
  - 1
  - 1

42m
- 9 CA
- 1 PDD
- 1 N
- 1 Lang

12
- 2 PDD
- 1 N
- 1 Lang
Appendix 3

The medium risk for autism group in the population screening study is defined as those children who fail protodeclarative pointing but are not in the maximum risk group. Again, the number of children and their changing diagnosis are shown.
CHANGING DIAGNOSIS IN DETAIL: MEDIUM RISK FOR AUTISM GROUP

20m

1 PDD

8 Lang

6 DD/LD

5 N

20

1

3 1 4

3 1 2

3 1 2

9 PDD

1 CA

6 Lang

2 DD/LD

2 N

42m
Appendix 4

Children who did not fit the profile for the maximum or medium risk groups were placed in the low risk group. The vast majority of children in the population screening study were assigned to this group, but just a very small sample was assessed.
CHANGING DIAGNOSIS IN DETAIL: LOW RISK FOR AUTISM GROUP

20m

1 Lang

15 N

42m

1 Lang

15 N
Table 1: Results of any screening test, and derived measures of validity of the screen. [Adapted (Hennekens & Buring, 1987)].

<table>
<thead>
<tr>
<th>Results of screening test</th>
<th>Disease status</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Positive</td>
<td>Negative</td>
<td>Total</td>
<td></td>
</tr>
<tr>
<td>Positive</td>
<td>$a$</td>
<td>$b$</td>
<td>$a + b$</td>
<td></td>
</tr>
<tr>
<td>Negative</td>
<td>$c$</td>
<td>$d$</td>
<td>$c + d$</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>$a + c$</td>
<td>$b + d$</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Sensitivity $\frac{a}{a + c}$

Specificity $\frac{d}{b + d}$

$PV^+$ $\frac{a}{a + b}$

$PV^-$ $\frac{d}{c + d}$
Table 2: Data from the CHAT population study (for childhood autism in the high risk group only)

<table>
<thead>
<tr>
<th>Results of screening test</th>
<th>Disease status</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Positive</td>
<td>Negative</td>
<td>Total</td>
<td></td>
</tr>
<tr>
<td>Positive</td>
<td>9</td>
<td>3</td>
<td>12</td>
<td></td>
</tr>
<tr>
<td>Negative</td>
<td>41</td>
<td>16 182</td>
<td>16 223</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>50</td>
<td>16 185</td>
<td>16 235</td>
<td></td>
</tr>
</tbody>
</table>

Sensitivity $\frac{a}{a + c} = \frac{9}{50} = 18\%$

Specificity $\frac{d}{b + d} = \frac{16 182}{16 185} = 100\%$

$PV^+ \frac{a}{a + b} = \frac{9}{12} = 75\%$

$PV^- \frac{d}{c + d} = \frac{16 182}{16 223} = 99.7\%$

<table>
<thead>
<tr>
<th>Results of screening test</th>
<th>Disease status</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Positive</td>
<td>Negative</td>
<td>Total</td>
<td></td>
</tr>
<tr>
<td>Positive</td>
<td>132</td>
<td>983</td>
<td>1 115</td>
<td></td>
</tr>
<tr>
<td>Negative</td>
<td>45</td>
<td>63 650</td>
<td>63 695</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>177</td>
<td>64 633</td>
<td>64 810</td>
<td></td>
</tr>
</tbody>
</table>

Sensitivity $\frac{a}{a + c} = \frac{132}{177} = 74.6\%$

Specificity $\frac{d}{b + d} = \frac{63 650}{64 633} = 98.5\%$

$PV^+ \quad \frac{a}{a + b} = \frac{132}{1115} = 11.8\%$

$PV^- \quad \frac{d}{c + d} = \frac{63 650}{63 695} = 99.9\%$
References


